



MEDICAL SECTION
SCHOOL OF SPIRITUAL SCIENCE

**Eurythmy
Therapy
Training**
in Great Britain



Course outline

The training will take place over a period of two years, beginning at Easter 2010 and finishing at Easter 2012. It is a part-time course consisting of five blocks.

Training process:

Year one:

4 weeks in the Spring (assessment time)

5 weeks in the summer (August-September)

Placements, Year one:

- After the Spring course there will be a short period of observation of a eurythmy therapist at work.
- After the summer the students will work with patients under supervision.

Year 2:

4 weeks in the spring

5 weeks in the summer

4 weeks in the spring (2012, graduation course)

Placement, Year two

- Between the two spring courses a placement will consist of independent work with patients accompanied by a mentor (at least 200 sessions).

- Individual assignments, project work and case presentations will be part of the student's independent work to be presented at different stages in the training.

Throughout the training there will be an in-depth exploration and practice of the eurythmy therapy exercises, and their use in the fields of medicine, psychiatry, special needs and the school setting.

Course Content:

Emphasis will be placed on the activity of observation, forming pictures and coming to an understanding of processes so that the students will develop therapeutic skills and capacities for their future work.

We will address the inner needs of a therapist and the practical activities involved in working with the profession.

We will study health and illness through the following:

- Embryology
- Child development
- The metabolic, rhythmic, and nerve-sense systems
- Observation of the skeleton, muscles and organs
- Speech formation

- During the training we will work intensively with the eurythmy therapy lectures given by Rudolf Steiner

Core Faculty

The main carrying eurythmy therapy teachers are Ursula Browning, Shaina Stoehr and Ingrid Hermansen.

The main carrying doctors are James Dyson and Maria van den Berg. In addition to these tutors there will be visiting doctors, therapists and artists who will give special blocks in their fields of expertise.

Entry requirements

- A diploma in eurythmy*
- At least one month work experience in a health care setting
- An elementary knowledge of anatomy and physiology
- A medical certificate of good health
- A reference from a current employer or training course tutor
- An interview with one or more of the carrying teachers
- A basic understanding of the English language

* Recognised by the School of Spiritual Science at the Goetheanum

Completion

Upon successful completion of the training the student will receive a diploma in eurythmy therapy recognised by the Eurythmy Therapy Association in Great Britain and Ireland and the Medical Section of the School of Spiritual Science at the Goetheanum in Dornach, Switzerland.

Dates and venue

The course will take place in Stroud, Gloucestershire from March 22 - April 16 and from August 2 - September 3. The exact dates of the subsequent blocks will be arranged at a later time, but will continue to be at Easter and in the summer.

Costs

The tuition fees will be £1700 each year for the first two years and £600 for the final Easter course. This comes to a total cost of £4,000.

Students will need to provide for their own accommodation and meals, however, help can be offered in finding lodging if needed.

The training is part of the activities of the
West Midlands Eurythmy Association and
is affiliated with Crossfields Institute.

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